

# HOW TO STAY SAFE WHEN RIDING, WALKING OR DRIVING



Research finds that most bicycle and pedestrian crashes happen when drivers, cyclists and pedestrians fail to see one another. "See Me AZ" seeks to raise awareness of pedestrian and motorist laws and change the behaviors that lead to pedestrian and cyclist crashes and fatalities. Below are a few tips to help keep you safe.

## Driver Safety Tips:



- Allow *at least* three feet when passing bicyclists – it's the law.
- Heads up, cell phones down. Distractions from cell phones take your eyes off the road and can result in tragedy.
- Stop for pedestrians, even if you think you have the right of way. It's the law.
- Slow down and obey the posted speed limit.
- Look in your right mirror before making a turn for a pedestrian or bicyclist that may be approaching the intersection next to you.
- Do not pass vehicles stopped for people crossing.
- Do not block or park in crosswalks.
- Take extra care around buses.
- Allow three feet when passing bicyclists.
- When turning right on red or from a driveway, look for pedestrians and cyclists that may be approaching from either direction.
- Drive sober.

## Bicyclist Safety Tips:



- Heads up, cell phones down. Distractions from cell phones take your eyes off the road and can result in tragedy.
- Follow all of the same traffic laws as you would if driving.
- Always wear a helmet, regardless of speed or riding location.
- Wear reflective clothing and use a headlight if riding at night.
- Always stop for traffic signals and stop signs.
- Use the bike lane where available.
- Exercise caution when crossing driveways.
- Yield to pedestrians.
- Ride sober.

## Pedestrian Safety Tips:



- Heads up, cell phones down. Distractions from cell phones take your eyes off the road and can result in tragedy.
- Cross at corners and intersections. Use marked crosswalks where available.
- Before crossing look left, right, then left again.
- Use the pedestrian buttons on traffic signals. Cross the street only on the walk signal. If the red hand begins to flash or a countdown begins, do not begin to cross – it is illegal and dangerous.
- Be visible at night and in bad weather. Wear reflective or light clothing and carry a flashlight. It is much easier for you to see cars than for them to see you.
- Look for turning vehicles before crossing.
- Use sidewalks or walk-facing traffic where there are no sidewalks.
- When stepping off a bus, allow it to proceed before crossing to ensure a clear sightline.
- Walk sober.